

Vitae programme 2010 for postgraduate researchers

Whether you are just starting out or are an experienced researcher, Vitae provides resources, information and tips on how to be successful at the different stages of completing your doctorate. We aim to enable you to make a successful transition from your doctoral studies to the next step of your career.



Vitae website

A comprehensive section **Postgraduate researchers** on the Vitae website provides information and advice on everything from managing yourself and your research to marketing yourself to potential employers: www.vitae.ac.uk/pgr. Check also our **Careers** section for information about how to manage your career: www.vitae.ac.uk/careers, or our employer resource **Researchers' skills and competencies** outlining skills researchers can bring to an organisation. www.vitae.ac.uk/publications

Regular news and updates

- Subscribe to **GRADBritain**, our free online magazine written by and for postgraduate researchers and get the next issue emailed to you 'hot off the press'. www.vitae.ac.uk/gradbritain
- **PGR Tips** is our monthly email, which offers tips and advice to help you through your doctorate. Sign up at www.vitae.ac.uk/pgrtips

To help you get the most out of your work and career

- **Planning a doctorate** offers advice on the major stages and milestones in doctoral research. www.vitae.ac.uk/publications
- **The balanced researcher**, information to help you tackle and juggle the many demands of research. www.vitae.ac.uk/balanced
- **The creative researcher**, practical information and advice on creativity in research environment. www.vitae.ac.uk/creative
- **What do researchers do?** Assess your career options by looking at the career destinations of other researchers. www.vitae.ac.uk/wdr
- **Completing your doctorate z-card™**, tips on finishing your thesis, viva and considering career options. www.vitae.ac.uk/publications

Diary dates

Here are the dates for Vitae postgraduate researcher events in 2010. We will be announcing more courses as they become confirmed so please keep checking our website for any updates. www.vitae.ac.uk/courses

- **Leadership in action**, 8-11 June 2010, Bournemouth. Following from the success of the event last year, we are running a three-day residential course exploring and developing researchers' leadership skills through experiential learning.
- **Careers in focus** events, autumn and winter 2010: One-day events that focus on careers for postgraduate researchers in various sectors including **careers in academia** on the 23 September.
- **Digital researcher**, TBC, a one-day event exploring the use of Web 2.0 in research, networks and building researchers' own profiles.

We are running two further **national GRADschools** in 2010 and support a large number of institutions in the UK to run their own GRADschools. Details of these courses, and events run by other organisations that relate to researcher careers, can be found on the Vitae events diary. www.vitae.ac.uk/events

Opportunities at your institution for professional and career development

Vitae champions the professional and career development of both postgraduate researchers and research staff in the UK and aims to enhance higher education provision to train and develop researchers.

Find out if your local institution has plans to run a Vitae programme for postgraduate researchers in the near future, these could include 'Effective researcher', 'Careers in academia' or a 'Part-time researcher' course. For more information about both national and regional events for postgraduate researchers, please contact your institution, check the diary of events at www.vitae.ac.uk/events or contact the Vitae Hub in your region.

For more information about Vitae postgraduate researcher activities, please email courses@vitae.ac.uk



Vitae is supported by Research Councils UK (RCUK) and managed by CRAC: The Career Development Organisation and delivered in partnership with regional Hub host universities.

Vitae works with UK higher education institutions (HEIs) to embed professional and career development in the research environment. Vitae plays a major role in innovating, sharing practice and enhancing the capability of the higher education sector to provide professional development and training for researchers.

Our vision is for the UK to be world-class in supporting the personal, professional and career development of researchers. Our aims:

- **building human capital** by influencing the development and implementation of effective policy relating to researcher development
- **enhancing higher education provision** to train and develop researchers
- **empowering researchers** to make an impact in their careers
- **evidencing the impact** of professional and career development support for researchers



Vitae regional Hubs

- East of England Hub - eehub@vitae.ac.uk
- London Hub - londonhub@vitae.ac.uk
- Midlands Hub - midlandshub@vitae.ac.uk
- North West Hub - nwhub@vitae.ac.uk
- Scotland and Northern Ireland Hub - sandnihub@vitae.ac.uk
- South East Hub - sehub@vitae.ac.uk
- South West and Wales Hub - swwhub@vitae.ac.uk
- Yorkshire and North East Hub - yorksandnehub@vitae.ac.uk